

BIRTHDAY PARTIES

We love to party!
Let us host your special day.
View our website for details.

**Tumbl-weeds coaches
are safety certified
in gymnastics.**

*Our programs are challenging for students to encourage them to strive towards achievement.

**Tumbl-weeds, LLC
Owner: Kelle White-Fritz**

1241 E. Chandler Blvd.
Studio 124
Phoenix, AZ 85048

Phone: 480.203.1108
www.tumbl-weeds.com

Our Mission Statement

Tumbl-weeds is a fitness facility dedicated to providing a safe & friendly environment while enhancing both physical & mental development. We focus on inspiring children in the area of fitness while nurturing each child's individuality. We teach positive life skills of fitness, self confidence & discipline through personal accomplishments.

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August-December
2010



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Class Schedule

Monday: 4:00-5:00 Tumbl-wheelers 6-8 yrs
5:15-6:30 Tumbl-tuffettes 9-11 yrs

Tuesday: 4:00-5:00 Boys Agility 7-9 yrs
Private Lessons

Wednesday: 12:30-1:00 YMCA Montessori
3:00-4:00 Tiny Tumbl 4-5 yrs
4:15-5:15 Tumbl-wheelers 6-8 yrs

Thursday: 4:00-5:00 Tumbl-wheelers 6-8 yrs
5:15-6:30 Tumbl-tuffettes 9-11 yrs

Friday: Private Lessons & Special Events

Saturday: Private Lessons & Special Events

Private Lessons

We have private lessons available for extra practice or a better fit for your already busy schedule.

\$20 for ½ hr or \$30 for 1 hr.

Session Dates

August thru December 2010

MONTHLY sessions ~4 week class schedule.

We are on a four week class schedule. If it's more convenient for you, we accept payment up to 8 weeks (two sessions).

Leotard Collection

Tumbl-weeds has a modest collection of leotards for you to purchase. We are an exclusive retailer for these high quality leotards which add style & fun to any work out!

Community

Ask about earning a "Healthy Lifestyle" or "Strength & Courageous" badge for your Brownies, Girl Scout or Cub Scout troops.

Class Fees

There is an annual, non-refundable after the first class, registration fee of \$20 for the first child, \$15 for the second & \$15 for the third.

The cost of a monthly session is **\$60** for a 60 minute class per week and **\$75** for a 75 minute class per week. 10% discount for more than one class per child per week.

Class Description

1. **Tiny Tumbl:** ages 4-5 yrs.
We teach hand-eye coordination, balance, cartwheels & jumping.
2. **Tumbl-wheelers:** ages 6-8 yrs.
We focus on flexibility, strength & progressive development of beginning gymnastics skill.
3. **Boys Agility:** ages 7-9 **Boys only**
Our curriculum includes cross training fitness, flexibility & strength in addition to basic tumbling skills.
4. **Tumbl-tuffettes:** ages 9-11 yrs.
Our curriculum includes cross training fitness, flexibility, strength, & progressive gymnastics skills.



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